



LARONDA DAWSON PUBLICATIONS
LITERATURE TO ENCOURAGE HEALTHIER LIVING

Live Sleep and Eat Well,

NEWSLETTER
JUNE 2021 | SUMMER



Welcome to Laronda Dawson Publications.

“LIVE, SLEEP AND EAT WELL” Available Soon!
Pre-Order Today! <https://py.pl/1lk3gG>

About Book

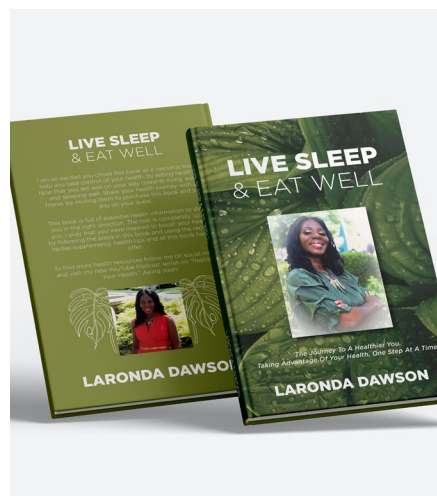
Check out Laronda's new book **“Live Sleep & Eat Well”** available in bookstores like Barnes and Noble, and Amazon. The book is filled with literature to enhance your lifestyle, improve your overall health and wellness with the use of herbal medicine, essential oils and healthy food choices. Stay connected with Laronda and learn the benefits of natural herbs and medicine on her new Podcast show **“Restore Your Health”** airing every Friday at 5PM on Youtube.

subscribe to our new magazine **“Kitchen Chronicles”** filled with delicious healthy recipes, culinary foods from a real chef and literature on how the body can naturally heal itself.

Yay!! Laronda's got new music coming! Look for the new CD **“Year of Harvest”** featuring the song **“Seasons,”** The CD consist of original written and produced music by Laronda to encourage your life with upbeat sounds of praise and soothing sounds of worship that will create an atmosphere of worship.

Our featured YL product for the month is the Turmeric Cream. Many people suffer from skin conditions like rosacea and eczema. These kind of sensitive skin conditions require a natural approach, with golden tumeric, you will find relief from skin conditions without harmful side effects. Try this Young Living product at myyl.com/laronda-dawson.

Get updates, new recipes, meal planning, and guides on our monthly newsletter by joining the mail list.



• BOOKS

<https://py.pl/1lk3gG>

• HEALTH LITERATURE

<https://larondapublications.com/blog/>

• MEDITATION RESOURCES

<https://larondadawsonministries.com/shop/ols/products/a-walk-in-the-garden-meditation>

• MEAL PIANNING

• NEWSLETTERS

• PODCAST

<https://www.youtube.com/watch?v=K-0L40p-KeA&t=616s>

• WEBINARS

<https://www.youtube.com/watch?v=YD0mailAvpg>

• ORGANIC GARDENING

<https://www.facebook.com/watch/?v=353345015862615>

• ESSENTIAL OILS

<https://www.myyl.com/laronda-dawson>

• KITCHEN CHRONICLES MAGAZINE

